ESPA FOR MEN

Men's Deep Cleanse Experience

55 Minutes

Deeply cleanse, smooth and hydrate skin with this tailored expert facial. An initial cleanse and personal skin analysis identifies bespoke skincare needs, before a second cleanse using a blend of Peppermint, Lemongrass, Lime and Lemon cools and balances. Clarifying Fossilised Particles are then massaged onto skin to clear congested pores, sweep away dull cells and energize your complexion, before tailored facial massage stimulates, tones and revives. Finally, a mask rich in Shea Butter and Kaolin and Bentonite Clays is then applied to draw out impurities and nourish skin, while a shoulder, neck, face and scalp massage leaves you feeling relaxed and ready for anything. Includes: Double cleanse, exfoliation, Steam and extraction if required, face massage, Personalised mask, scalp massage

Men's Shoulder, Neck & Face Massage

55 Minutes

Whether your skin needs a deep cleanse, a healthy glow, soothing or hydrating, we encourage our male guests to experience this personalised treatment that combines a relaxing shoulder, neck, face and scalp massage with a tailored solution to your skin's needs. Includes: Double cleanse – exfoliation – face massage – mask – scalp massage.

Men's Aromatherapy Massage

55 Minutes

This massage is essential, professional and specific, using a blend of individually chosen oils. A personal consultation will ensure that you receive a unique treatment to suit your specific needs. Choose from the following: Detoxifier, De-Stresser, Muscle Relaxer, Jet-Lag Reviver, Immune Booster, Energiser, Body Toner. Includes: Aromatherapy massage to back, legs, arms, neck and shoulder.

Men's Hot Stone Massage

55 Minutes

A therapeutic full body massage using aromatherapy oils and warm volcanic stones to relieve deep muscle tension. The warmth of the stones penetrates your muscles to soothe aches and pains, helping you to unwind, and your body to feel rejuvenated. Includes: Hot Stone Aromatherapy massage to back, legs, arms, neck and shoulder.