

The Spa



FORMBY HALL

GOLF RESORT & SPA

Your Journey to
Inner Calm and
Natural Beauty

price list



A considered collection of therapies designed to quieten the mind, soothe the body, and restore your inner calm.



FORMBY HALL
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ESPA Massages

Guided by a holistic philosophy to care for your overall wellbeing, and harnessing the scientific power natural ingredients.

TREATMENTS YOU CAN BOOK ONLINE	DURATION	PRICE
ESPA Inner Calm Massage	50 min.	£75
ESPA Hot Stone Massage	50 min.	£95
ESPA Swedish Massage	50 min.	£75
ESPA Deep Muscle Massage	50 min.	£95
ESPA Active Nutrients Glow Facial	50 min.	£75
ESPA Personalised Facial	50 min.	£75
ESPA Body Wrap	50 min.	£75
ESPA Back, Face and Scalp	90 min.	£100

TREATMENTS YOU HAVE TO BOOK DIRECTLY WITH OUR SPA TEAM *	DURATION	PRICE
ESPA Lighter Legs	25 min.	£45
ESPA Express Facial	25 min.	£45
ESPA Head, Neck and Shoulder	25 min.	£45
ESPA Essential Tension Back Massage	25 min.	£45
ESPA Body Polish	25 min.	£45
ESPA Salt and Oil Scrub	25 min.	£45

ATLAS RASUL EXPERIENCE *

Intuitive self-care and deeply cleansing signature journey.	40 min.	£25 pp
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*** To reserve your treatment: Call: 01704 875 699**

Advance booking is highly recommended to secure your preferred time. Please inform us of any medical conditions or specific requirements upon booking.

Visit: www.formbyhallgolfresort.co.uk
Formby Hall Golf Resort & Spa, Southport Old Road,
Formby, Merseyside L37 0AB.

Online
Booking Here

