

The Spa



FORMBY HALL

GOLF RESORT & SPA

Your Journey to
Inner Calm and
Natural Beauty

price list



A considered collection of therapies designed to quieten the mind, soothe the body, and restore your inner calm.



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ESPA Massages

Guided by a holistic philosophy to care for your whole wellbeing.

TREATMENT	DURATION	PRICE
ESPA Inner Calm Massage	55 mins	£70
ESPA Hot Stone Massage	55 mins	£80
ESPA Swedish Massage	55 mins	£70
ESPA Deep Muscle Massage	55 mins	[TBC]*
ESPA Muscle Reviver	40 mins	£55
ESPA Back, Neck & Shoulder Massage	25 mins	£45
Invigorating Foot Treatment	25 mins	£45

ESPA Facials & Body Treatments

Harnessing the scientific power of pure natural ingredients.

Active Nutrients Glow Facial	55 mins	£75
Instant Radiance Facial	55 mins	£75
Intense Regenerating Facial	55 mins	£75
Salt and Oil Scrub	25 mins	£45
ESPA Body Wrap	60 mins	£75
Deep Cleansing Back Treatment	55 mins	£85
Back, Face and Scalp Treatment	90 mins	£90
Back, Face and Scalp (with Hot Stones)	90 mins	£130

GROUND Rituals & Signature Experiences

Intuitive self-care and deeply cleansing signature journeys.

The Grounding Ritual	60 mins / 90 mins	£80 / £119
The Comforting Ritual	60 mins / 90 mins	£80 / £119
The Balancing Ritual	90 mins / 120 mins	£119 / £159
The Cleansing Ritual	90 mins / 120 mins	£119 / £159
Atlas Rasul Experience	40 mins	£25 pp

To reserve your treatment:
Call: 01704 875 699 | Visit: www.formbyhallgolfresort.co.uk

Advance booking is highly recommended to secure your preferred time. Please inform us of any medical conditions or specific requirements upon booking.

Formby Hall Golf Resort & Spa, Southport Old Road,
Formby, Merseyside L37 0AB.

Book Here

